



IMAGINE

# Helping Hands, Making Hands



Primary Biomechanical  
Engineering Lessons 1 & 2

> an RS Components **Imagine-X** resource

# LESSON 1



# What are you made of?

> Skin

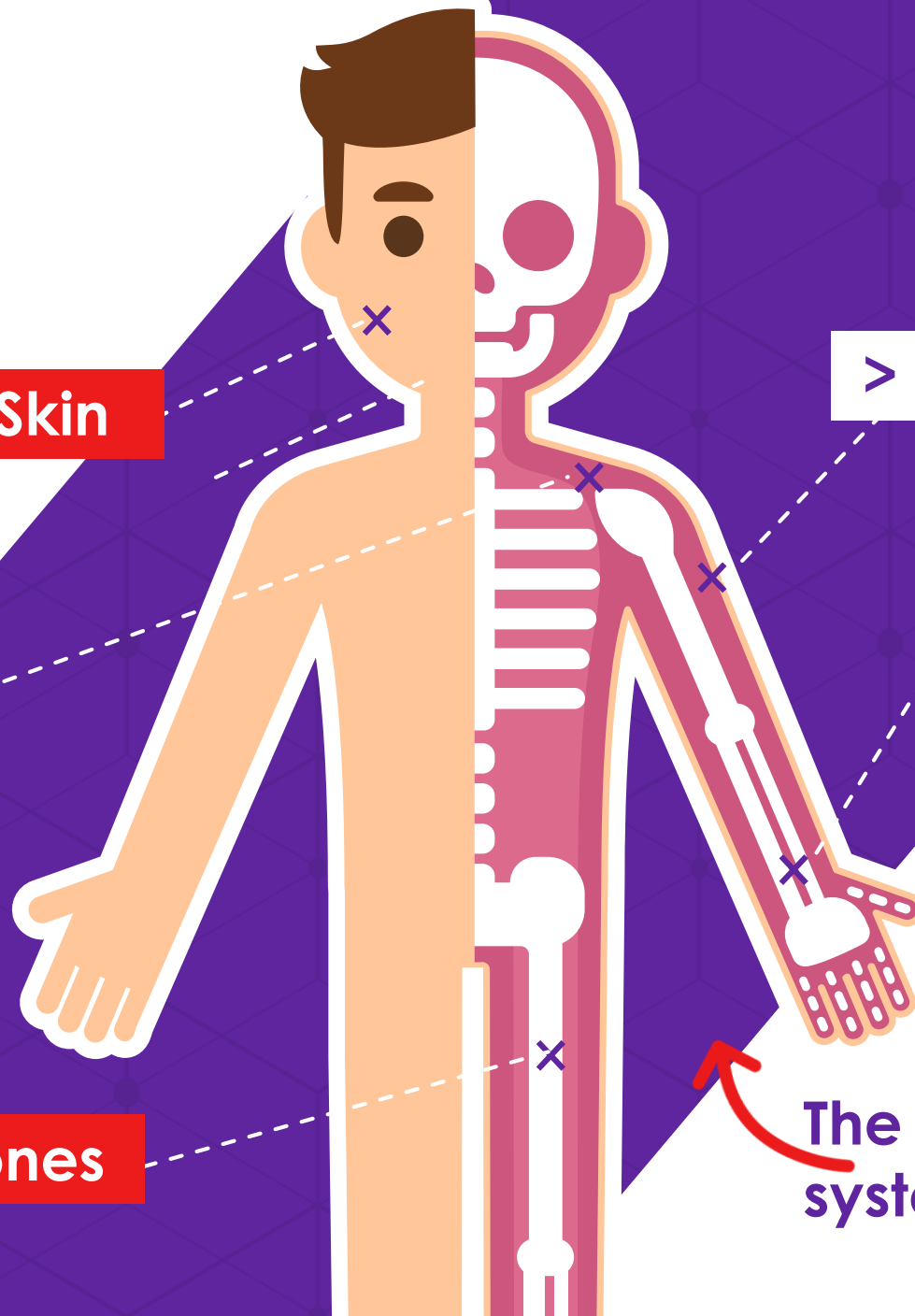
> Muscle

> Connective tissue

> Ligaments

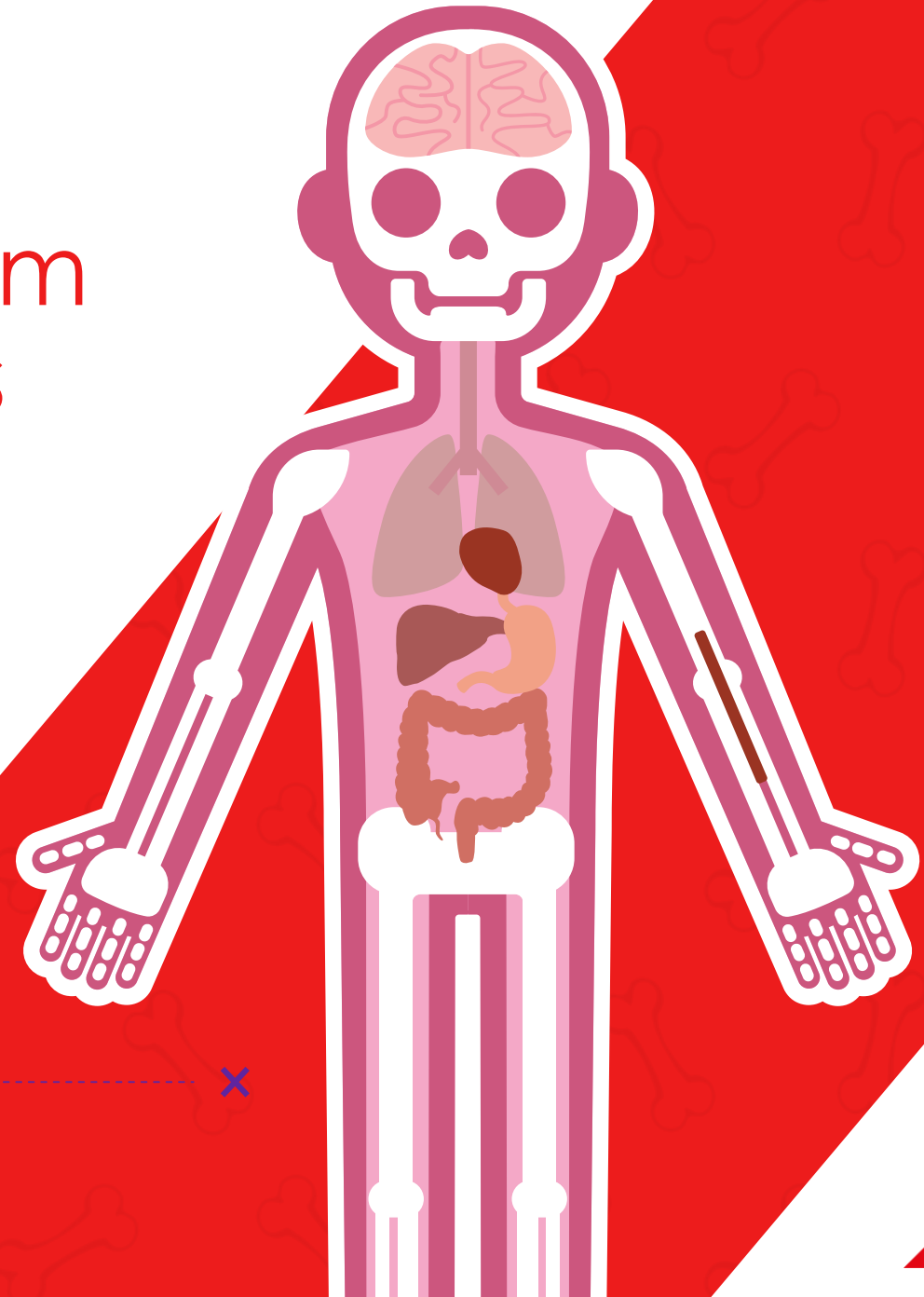
> Bones

The skeletal/muscular system



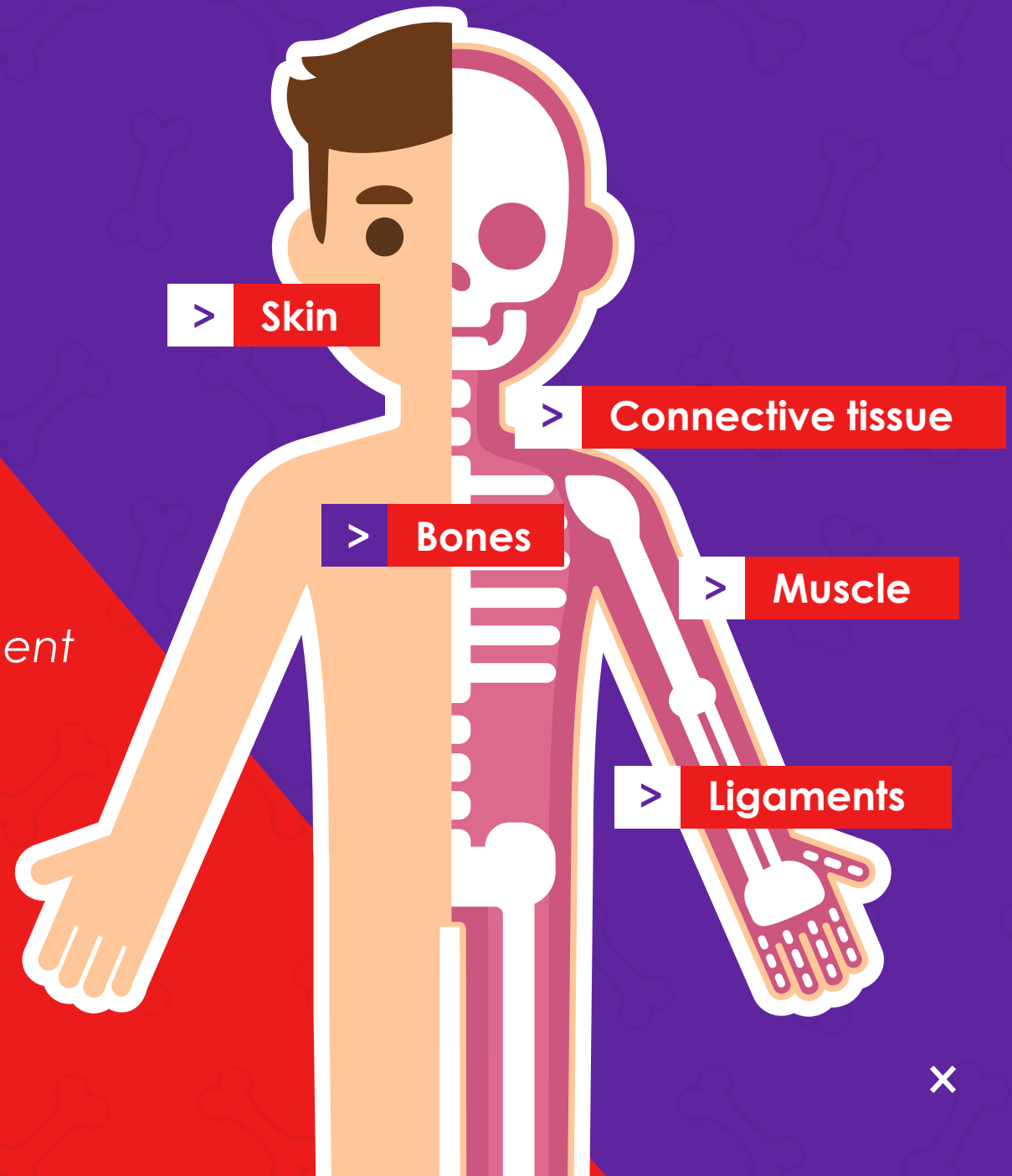
# Each part of our **musculoskeletal** system does something for us

- For support  
(keeps our bodies together)
- For protection  
(keeps our organs safe)
- For movement  
(makes our bodies move)



# What does each thing do?

- **SKIN**  
*Protective, supportive*
- **BONES**  
*Protective, supportive, movement*
- **MUSCLE**  
*Movement*
- **CONNECTIVE TISSUE**  
*Supportive*
- **LIGAMENTS**  
*Movement*



# How our bodies MOVE



Today we're looking at...





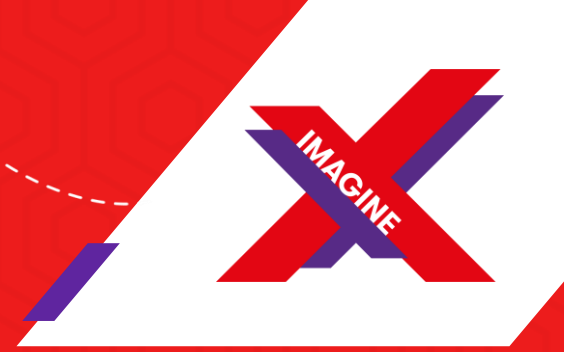


# TIME TO IMAGINE



x





LET'S GET  
MOVING



x



**I NEED MY ARMS TO....**

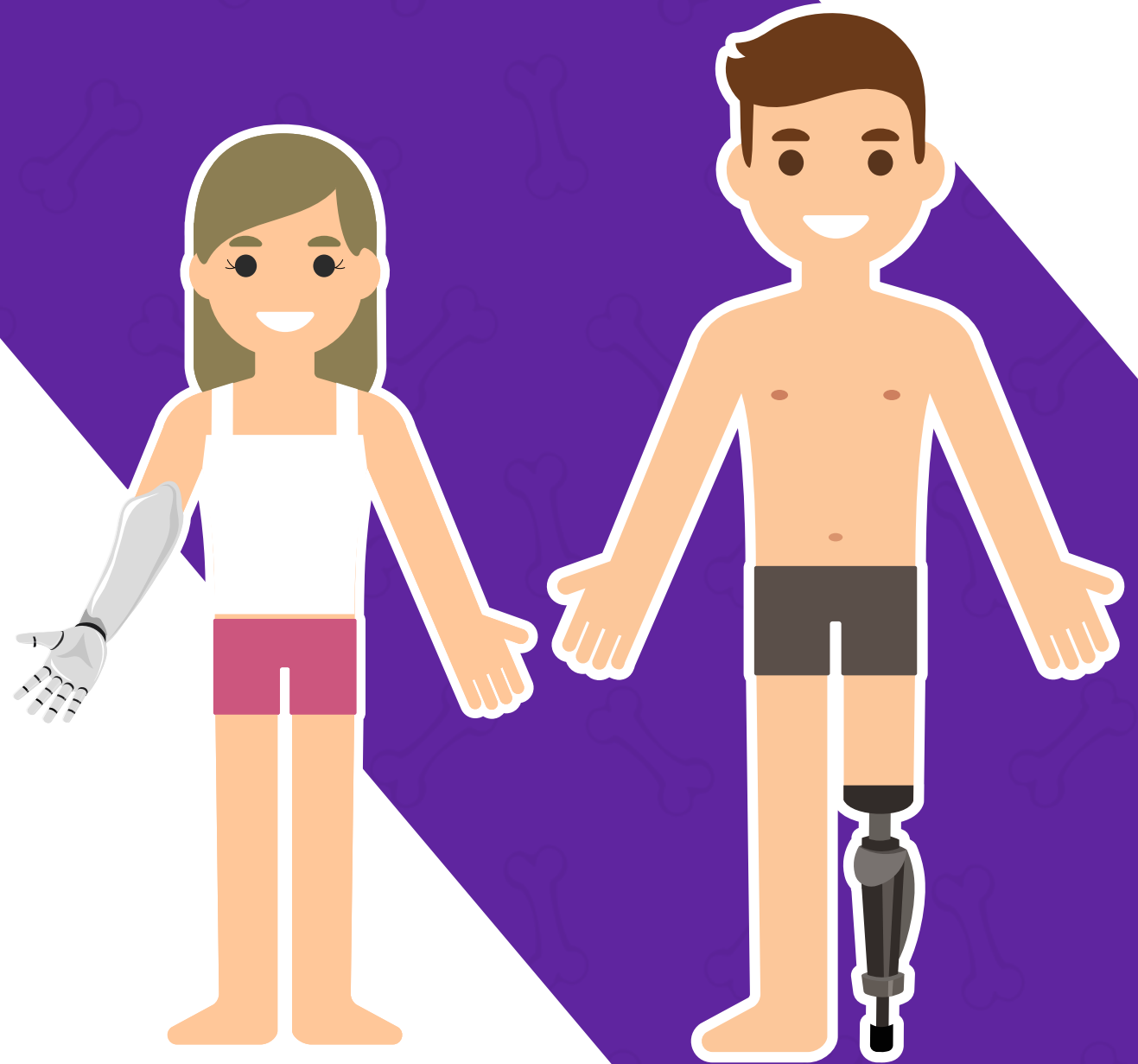


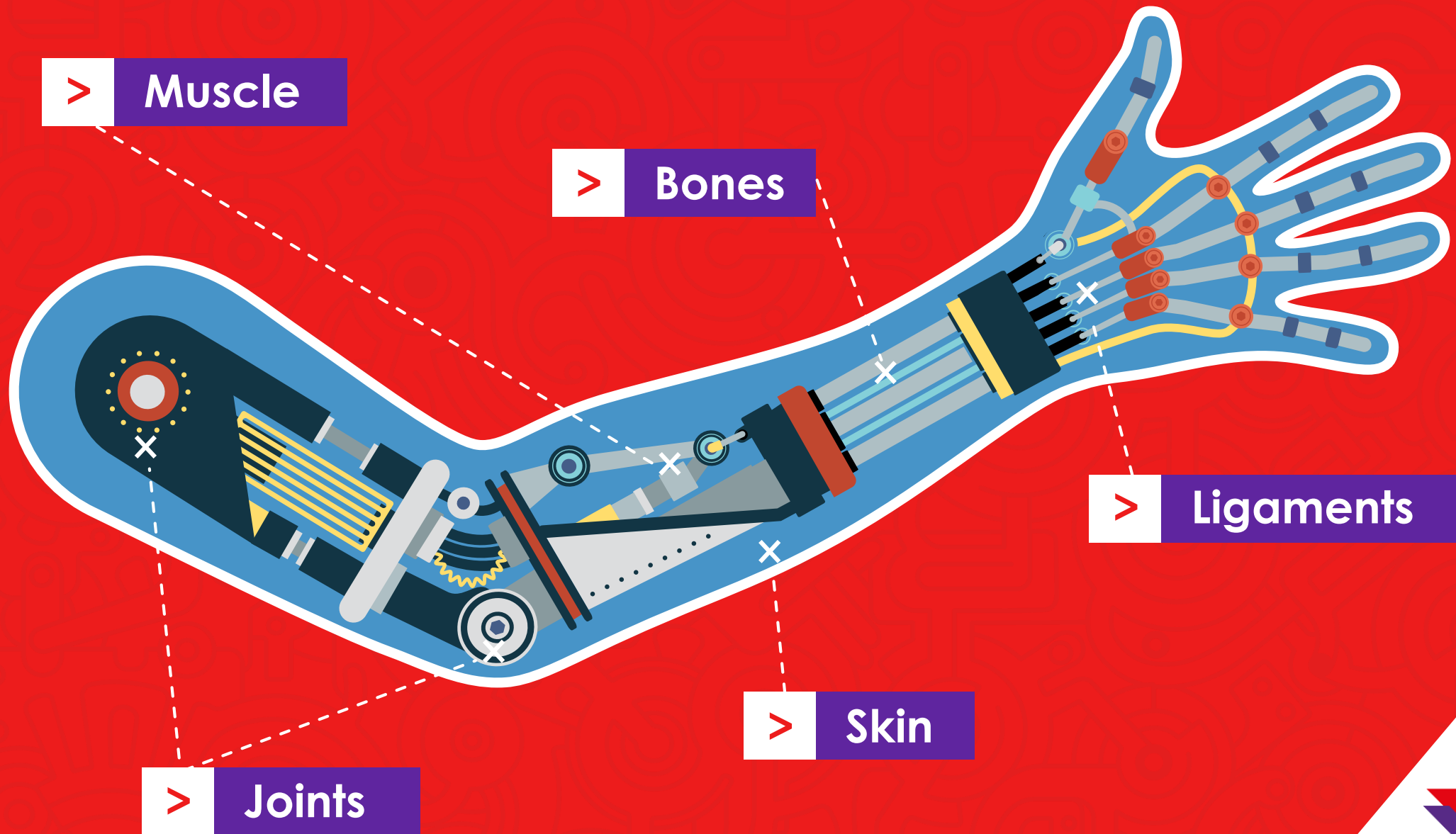
[Play intro video for biomechanical  
engineering]



# A prosthetic is...

- An artificial or 'fake' body part
- Used in place of a missing biological or 'real' body part
- Sometimes can be used to fill the function of a missing, or damaged body part





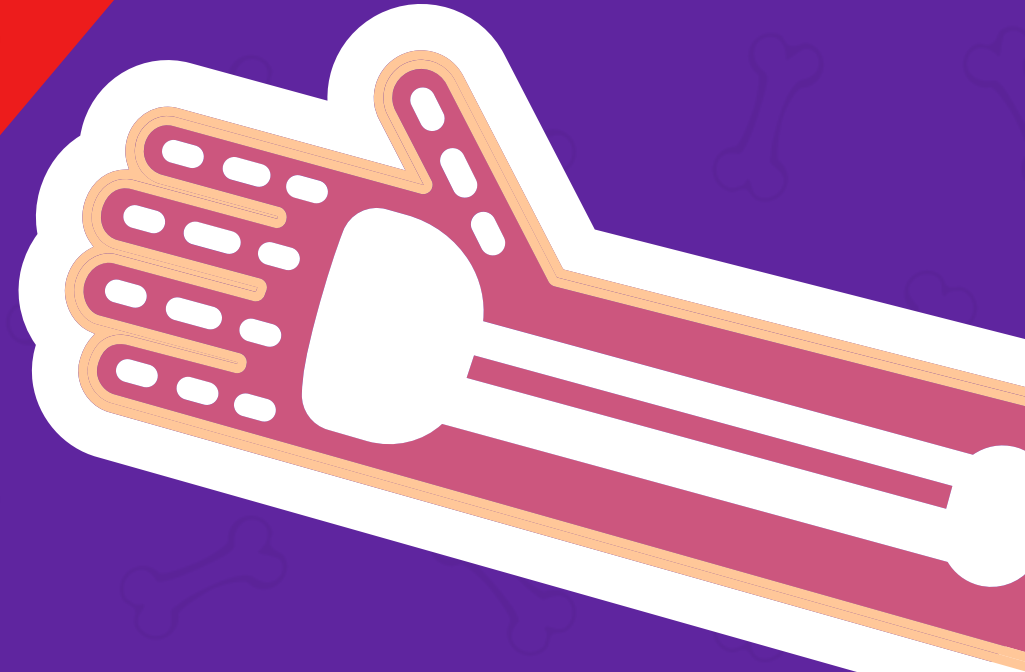
~~IMAGINE~~

# Think about



HOW DOES MY  
ARM MOVE?

× HOW DOES MY  
HAND MOVE?



# LESSON 2





# What does each thing do?

> Skin

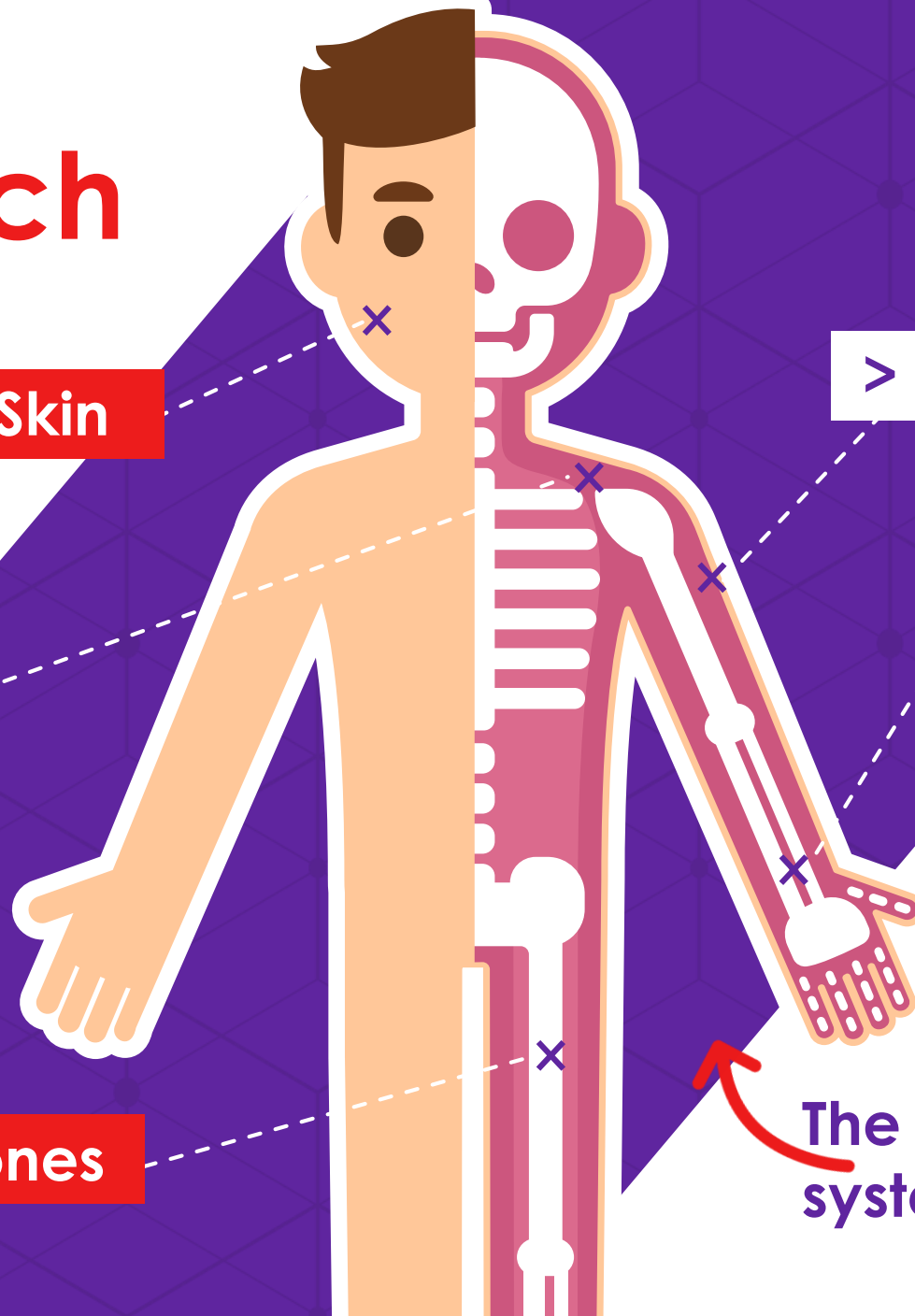
> Muscle

> Connective tissue

> Ligaments

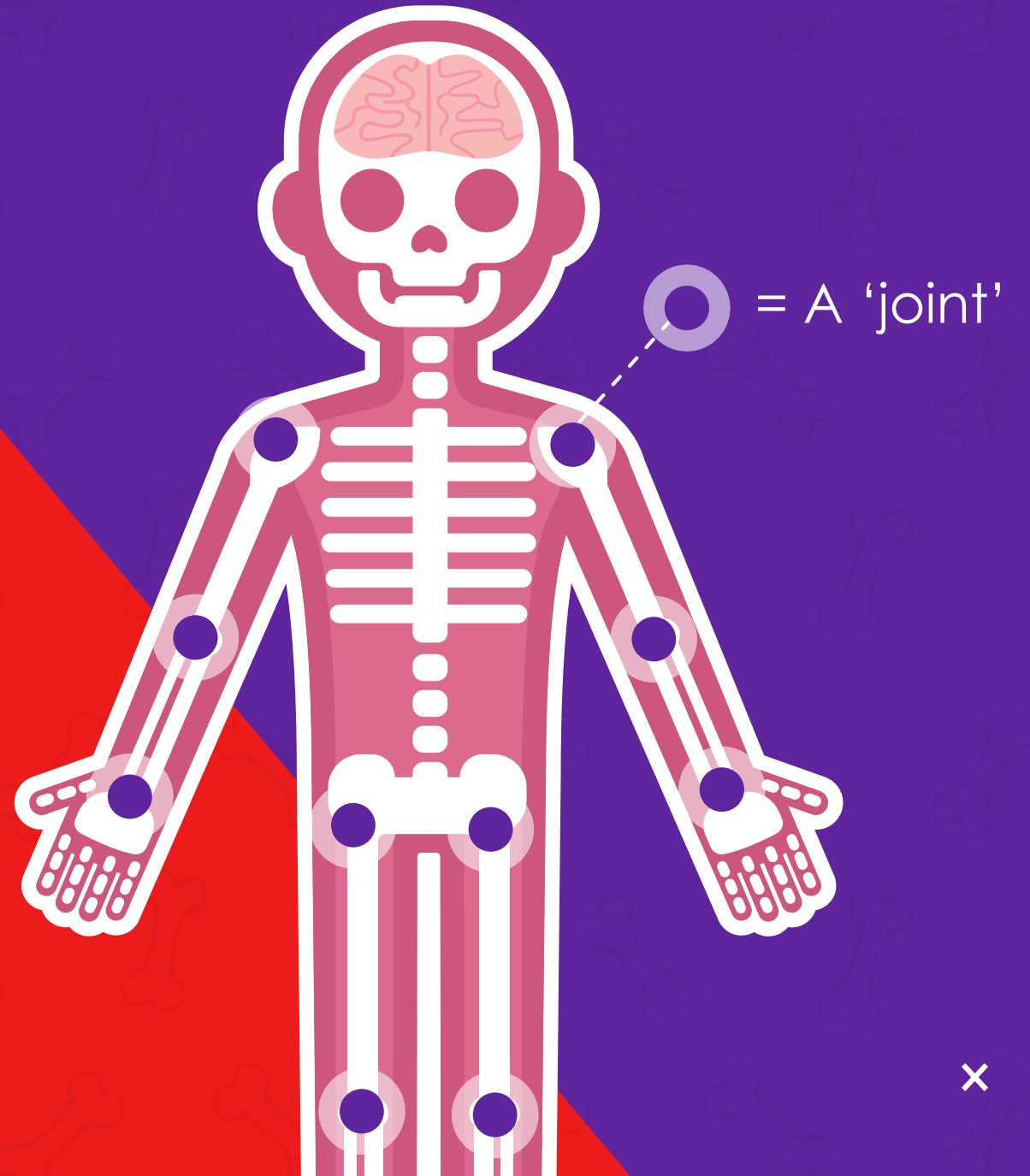
> Bones

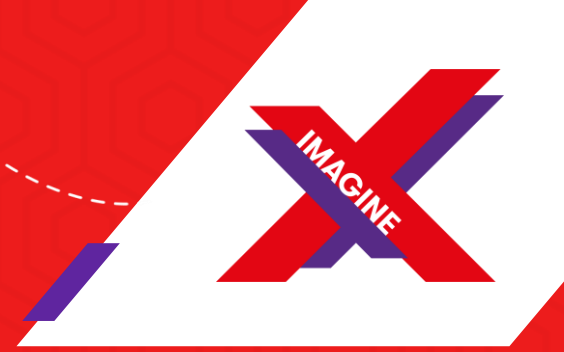
The skeletal/muscular system



# A 'joint' is...

- A structure in the body
- They are where the pieces of your skeleton fit together
- 80% of them can move
- They support movement





LET'S GET  
MOVING



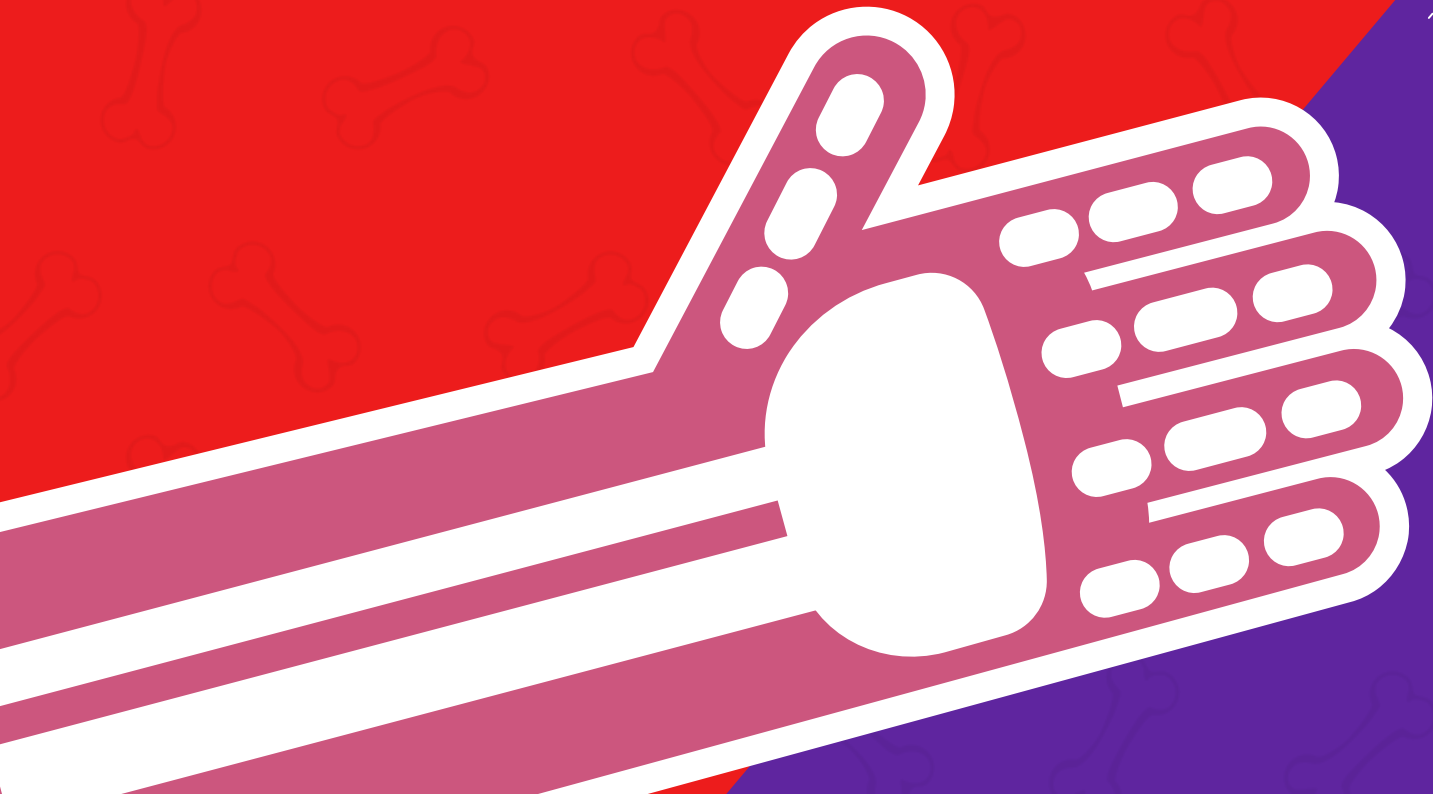
x

# Find out...

How many joints are there in your arm and hand?

What type of joints are they?

- Single direction
- Multi direction
- Ball joints
- Fixed



x



# Instead of skin, muscles, and bones...

## BONES

Lightweight metal such as titanium  
or aluminium alloy

## LIGAMENTS AND MUSCLES

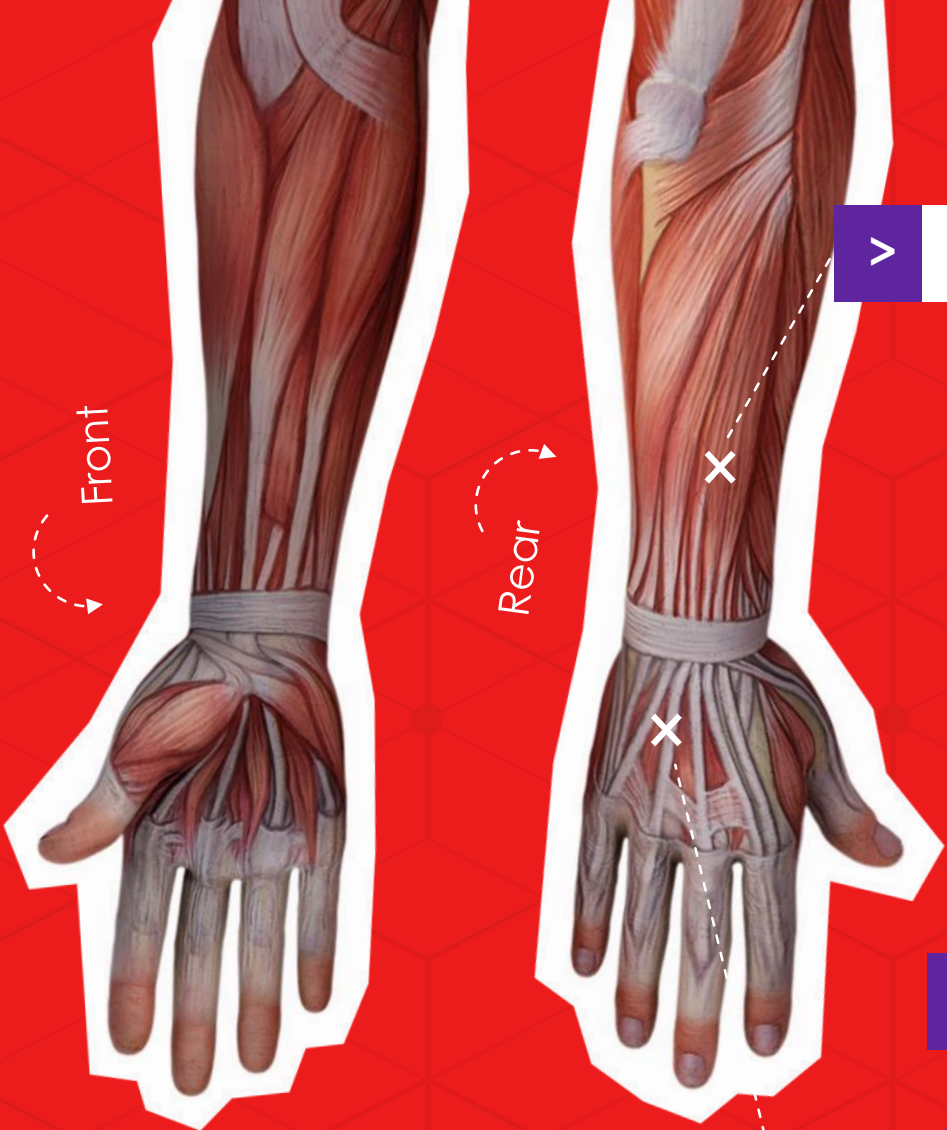
Plastics such as polyurethane  
and carbon fibre

## SKIN

Foam or material







> Muscles

> Skin

> Bones

> Joints

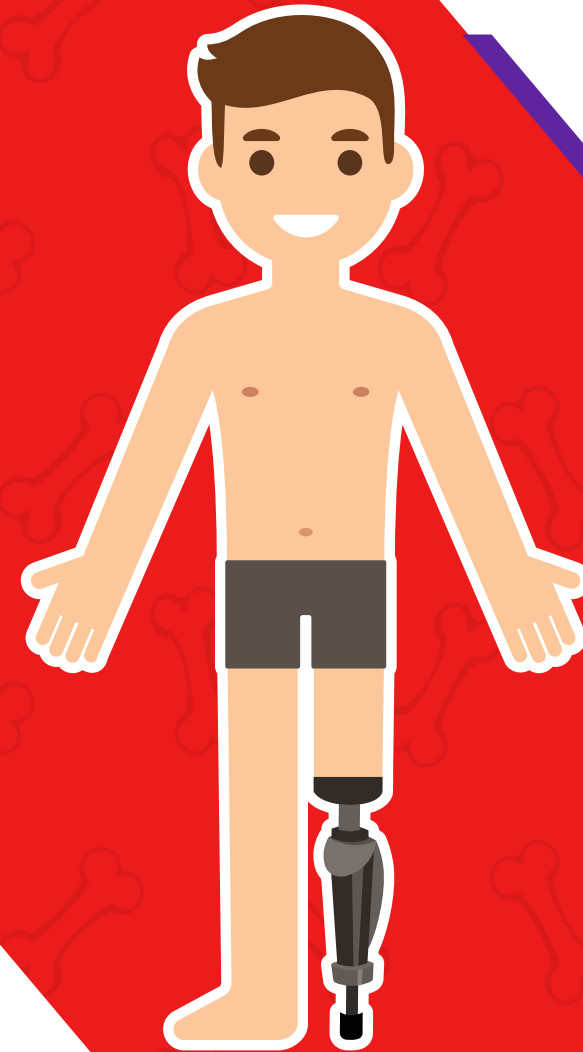
> Ligaments





# Why are prosthetics important?

- Better conduct of day-to-day activities (eating, gaming, dressing, etc.)
- Help people lead 'normal' lives
- Good for self confidence and body image
- Increase mobility (moving around without help)



... what would happen if you needed a prosthetic, but didn't have one?





# Why are babies and children harder to make prosthetics for?

- 
- Prosthetics need to be custom-made for each person
  - Babies and children grow quickly
  - Prosthetics are very expensive to make





# TIME TO IMAGINE



... can you think of ways to make it easier for babies and children to get access to prosthetics?





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